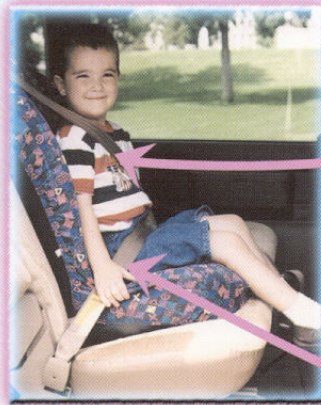


# The Right Fit:



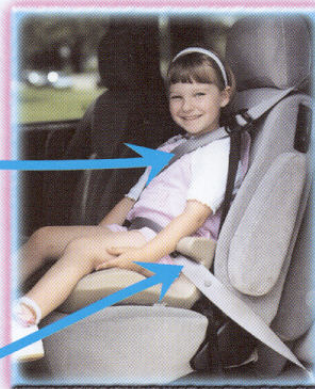
*Shoulder belt fits across the chest, not over face/neck.*

*Lap belt fits low and snug on hips, not across upper abdomen.*

**Highback Booster**

*Shoulder belt fits across the chest, not over face/neck.*

*Lap belt fits low and snug on hips, not across upper abdomen.*



**Lowback Booster**

Lap and shoulder belt must be used.

**PROBLEM:** Seat belts are made for adults.

**SOLUTION:** Use booster seats for children 40 to 80 lbs. and up to 4'9" tall.

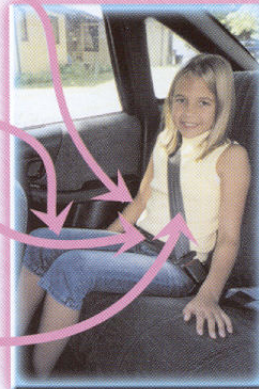
# Seat Belt or Booster?

**Does your child's seat belt fit correctly? Most children should use booster seats to help their seat belts fit properly if they:**

- ⊖ Are ages 4 through 8,
- ⊖ Weigh from 40 to 80 pounds and
- ⊖ Are up to 4'9" tall

## **Try this five-step test:**

1. Does your child sit all the way back against the vehicle seat?
2. Do your child's knees bend comfortably at the end of the vehicle seat?
3. Is the lap belt on the top part of the thighs?
4. Is the shoulder belt centered on the shoulder and chest?
5. Can your child stay seated like this for the whole trip?



*If your answer to any of these questions is "no" your child would be safer riding in a booster seat. Children like booster seats because they are more comfortable and they allow children to see out the car window.*

## **BOOST, THEN BUCKLE**



North Dakota Department of Health  
Injury Prevention Program

1.800.472.2286